



WALDEN WOODS LEADERSHIP
UNLEASH YOUR POTENTIAL

2019

Workshops / Seminars / Retreats



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Below is a list of programs offered By Walden Woods Leadership

“Leadership and communication coaching opens the conversation to tackle difficult issues and mindsets that keep us from achieving effortless high performance.”

__Phil Giordano



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Leadership Optimization Intensive

The Leadership Optimization Intensive is a 4-day immersion experience designed to create lasting positive results through experiential learning. All 3 Pillars of Development are incorporated into this interactive program: **The Foundation**, which is about a solid base of communication tools and self-awareness to identify and understand the story within you; **The Frame**, which is about examining your unique beliefs and core values; and **The Finishing Details**, which puts into action behaviors that enhance leadership and communication skills.

Day One: Trust and Overcoming your Past - Exercises designed to free up your past and recognize your influence.

Day Two: Experience -Strength Communication - Exercises designed to increase communication, while connecting your strengths to your actions.

Day Three: Building the Future - Exercises designed to enhance your connection to your vision and how you can create the future you want.

Day Four: Establish Your Support System - Exercises designed to help you overcome past behaviors as you move into your vision.

Stand Alone Workshops

Way of Being

Way of Being is a one-day workshop that focuses on who you are as an individual and how you connect with others. Interactive programming includes examining your “perceptions” and how you can read the emotions of others. Emphasis is placed on developing a deeper connection with your strengths, as well as learning to recognize strengths in others. You will go through exercises to release the limiting belief or fear.

Pre-Assessment: Gallop Strength Finder can be added to enhance the experience.

Communication Effectiveness

Communication Effectiveness focuses on your communication skills, along with building trust in a way that strengthens relationships. The quality of our lives is directly proportional to the quality of our relationships. We'll also concentrate on other aspects of communication, such as understanding upsets, so you can better

mitigate conflict. A past that is kept in place creates limiting beliefs. You'll learn how to put the past behind you and create a compelling future.

Purpose Connector

A leader with a strong sense of purpose is a highly effective leader. This workshop introduces exercises that allow for an examination of your goals, the reasons for accomplishing your goals, and connecting you to your personal values that formulate your beliefs. We'll dive deep into your purpose so you can inspire, lead, and achieve success.

Discovering Significance:

There is both inspirational power and limiting obstacles your own life experience creates. Examining your life story is the foundation of reflection. We'll work on reframing the context of your life to open new levels of possibilities. Interactive training will allow for new perspectives and openness regarding your story. You'll gain control and eliminate or greatly diminish limiting beliefs (FEAR – False Event Appearing Real).

Vision Planning

Leaders that have a vision and a plan increase the potential of their success. Vision Planning looks long term and incorporates the organizational development tools needed to implement action. Intrinsic motivation is increased through the correlation between your vision and your current actions.

Trust Building

Relationships are the fundamental building block of our lives. We live in community with others. The Trust Building workshop introduces tools that will enhance your relationships, which result in an increase in productivity. Living up to expectations is fundamental in our communication systems.

Custom Designed Workshops / Retreats

Workshops

Along with the programs listed above, Phil Giordano will design a unique training workshop for your company to develop increased communication skills, while building trust, and increasing productivity of your team. The process starts with a needs analysis of what you are looking to achieve. For more information about a Custom-Designed Workshop give us a call or fill out the contact form with any questions you may have.

Retreats:

Everyone needs the time to reflect and reset. Our guided retreats are designed to help you process and move forward. You pick the location and a program is designed for you to follow. This could be a one-day retreat, or longer, if needed. Personal exercises provide for an experience that is unique to your needs.

What Others are Saying

Phil has had a tremendous impact on my life and my career. His coaching ability to help others transform as leaders is unlike anything I have experienced. Through a value drive mindset, he empowers me and my peers to take the path of discovering our best self and acting that out in our daily life. There is value in every conversation.

– Sam Klemarczyk – Lead Trainer

I have worked with Phil for the past few years through our regular coaching sessions. I have seen an increase in my performance at work, a better relationship with family and friends, and have been able to work and structure my career while keeping what is important in clear focus. I have a great career with work/life balance, and I owe that to Phil.

Andrew Cook – Senior Vice President Business Banking

Where do I begin? I have been coaching with Phil for almost two years now. I cannot say enough good things about him and his coaching techniques. His tools for communication and time management have made me more productive and a better leader. He's helped me find ways to utilize my strengths, not simply improve my weaknesses. He is always positive and has a unique ability of helping you conclude on your own by asking the right questions. I know for a fact that I would not be the doctor I am today without Phil's coaching. If you want to reach your full potential, he will help you get there! I recommend Phil to everyone regardless of profession or stage of life. His coaching is truly invaluable.

Dr. Rachel Fogarty

As my coach Phil has gotten me to explore my strengths and weakness, both business and personal. He encourages action which led to me changing a number of things in both my business and personal life to become a better leader and businessman. Ultimately a better person. I highly recommend Phil to anyone who wishes to "take it to the next level". He is a very knowledgeable, caring individual who presents the material in such a way that allows you to easily define who you are, and where you want to go. He introduces tools that make it intuitively easy to make changes necessary to get there.

Jim Seavey – President and Founder N&J Bottom Line Consultants.